



三口灶

ThreeWoks

温哥华社区下饭小炒
Vancouver Community Stir-Fry



SSID: ThreeWoks
PASS: 6042831666



鱼乐年丰



A1 酸菜黑鱼
A1 Fish Fillet with Pickled Vegetables (Snakehead) 29.99



A2 番茄黑鱼(新鲜番茄)
A2 Fish Fillet with Tomato(Snakehead) 29.99



A3 香辣黑鱼片
A3 Hot & Spicy Fish Fillets (Snakehead) 29.99



A5 水煮黑鱼
A5 Sichuan Boiled Fish (Snakehead) 29.99



A6 经典香辣烤鱼(龙躄鱼)
A6 Classic Spicy Grilled Fish (Whole Fish) 79.99



A7 老坛酸菜烤鱼(龙躄鱼)
A7 Grilled Fish with Pickled Vegetables (Whole Fish) 79.99

鸡祥如意



C1 三口灶小炒鸡(带骨)
C1 Three Woks Stir-Fried Chicken (Bone-In) 39.99 L / 29.99 S



C2 鸿运辣子鸡(去骨)
C2 Hongyun Spicy Chicken (Boneless) 24.99



C3 冬菇烧鸡块(走地鸡)
C3 Shiitake Braised Chicken (Free-Range Chicken) 49.99 L / 39.99 S



C5 甲鱼烧土鸡(走地鸡)
C5 Braised Turtle & Chicken (Free-Range Chicken) 118.99

清香雅味

家常小炒，不辣也好吃!

Mild Stir-Fry

- | | | | |
|---|-------|--|-------|
| F1 茄汁金针菇
F1 Enoki Mushrooms in Tomato Sauce | 12.99 | F7 番茄炸蛋
F7 Tomato Fried Eggs | 14.99 |
| F2 五花肉炒绿豆芽(猪肉)
F2 Pork Belly with Bean Sprouts | 19.99 | F8 农家四合小炒 (韭菜、鸡蛋)
F8 Country-Style Mixed Stir-fry | 19.99 |
| F3 土豆丝炒肉丝(猪肉)
F3 Shredded Potato with Shredded Pork | 19.99 | F9 清炒莴笋
F9 Stir-Fried Celtuce | 19.99 |
| F5 私房烧肉(猪肉)
F5 House-Style Braised Pork | 24.99 | F10 青黄双笋 (莴笋、冬笋)
F10 Celtuce & Winter Bamboo Shoots | 19.99 |
| F6 猪肚炒三丝
F6 Stir-Fried Pork Tripe with Shredded Vegetables | 24.99 | F11 茄子豆腐煲
F11 Eggplant & Tofu Clay Pot | 19.99 |

辣香四溢

辣度可选：小辣/中辣/大辣

Spice level: Mild / Medium / Extra Hot

Spicy Stir-Fry

- | | | | |
|---|-------|--|-------|
| E1 手撕包菜(猪肉)
E1 Stir-Fried Shredded Cabbage with Pork | 14.99 | E7 干煸四季豆
E7 Dry-Fried Green Beans | 14.99 |
| E2 蒜苔肉丝(猪肉)
E2 Garlic Sprouts with Shredded Pork | 19.99 | E8 酸辣土豆丝
E8 Hot & Sour Shredded Potato | 14.99 |
| E3 辣椒炒肉(猪肉)
E3 Stir-Fried Pork with Chili Peppers | 19.99 | E9 酸辣藕片
E9 Hot & Sour Lotus Root | 16.99 |
| E5 砂锅花菜(猪肉)
E5 Clay Pot Cauliflower with Pork | 19.99 | E10 青椒盖皮蛋
E10 Green Peppers with Century Eggs | 19.99 |
| E6 酸菜炒肥肠
E6 Stir-Fried Pork Intestines with Pickled Vegetables | 24.99 | | |

牛运亨通



B1 小炒黄牛肉
B1 Stir-Fried Yellow Beef 24.99



B2 牛肉一碗香
B2 Savory Beef Bowl 24.99



B3 翘脚牛肉
B3 Qiao Jiao Beef 49.99 L / 39.99 S



B5 酸萝卜炒牛肉
B5 Stir-Fried Beef with Pickled Radish 24.99



B6 番茄烩牛肉
B6 Tomato-Braised Beef 24.99



B7 酸菜炒牛肉
B7 Stir-Fried Beef with Pickled Vegetables 24.99

猪福满满



D1 干煸肥肠
D1 Dry-Fried Pork Intestines 26.99



D2 火爆猪肝
D2 Stir-Fried Spicy Pork Liver 24.99



D3 大手牵小手
D3 Pork Trotter & Chicken Feet 34.99



D5 农家一碗香
D5 Savory Pork Bowl 19.99

《猛火现炒》《香辣口味》《堂食外卖》《宵夜小酌》《创新品牌》

备注：如果您有任何食物过敏，请提前告诉我们
Note: If you have any food allergies, please let us know in advance

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休闲炸物/小吃 Snacks & Fried Bites



G1 招牌飘香臭豆腐

G1 Signature Aromatic Stinky Tofu

12.99



G2 招牌沙茶豆腐

G2 Signature Satay Tofu

8.99



G3 招牌素食糖醋鱼

G3 Signature Sweet & Sour Vegetarian Fish

24.99



G5 招牌焦糖鸡翅

G5 Caramelized Chicken Wings

16.99

G6 香酥油条 (+炼乳)

G6 Crispy Fried Dough Sticks (+ Condensed Milk)

6.99

G7 红糖糍粑

G7 Brown Sugar Glutinous Rice Cakes

12.99

G8 红豆芝麻球

G8 Red Bean Sesame Balls

12.99

G9 经典蛋黄焗南瓜

G9 Classic Salted Egg Yolk Pumpkin

18.99

凉菜

Cold Dishes

H1 糖蒜

H1 Sweet Pickled Garlic

3.99

H2 爽口凉拌木耳

H2 Wood Ear Mushroom Salad

5.99

H3 特色酱萝卜

H3 Signature Pickled Radish

5.99

H5 油炸花生

H5 Fried Peanuts

3.99

H6 酸萝卜片

H6 Sour Pickled Radish Slices

5.99

H7 酸辣海带丝

H7 Spicy & Sour Shredded Kelp

5.99

饮品

Drinks

啤酒 Beer

青岛啤酒 (330ml)

Tsingtao Beer

4.99

科罗娜 (207ml)

Corona

5.99

海尼根 (330ml)

Heineken

8.99

朝日啤酒 (2L)

Asahi Super Dry

39.99

白酒 Spirits

红星二锅头

Red Star Erguotou

49

古井贡酒

Gujing Gong Liquor

128

金门高粱

Kinmen Kaoliang Liquor

148

五粮液

Wuliangye

460

无酒精饮料 Non-Alcoholic

北冰洋

Arctic Ocean Orange Soda

3.99

冰红茶

Master Kong Ice tea

2.99

加多宝

JDB Herbal Tea

2.99

碳酸饮料

Soft Drink

2.49

(雪碧/可乐/无糖可乐/姜汁汽水)

(Sprite / Coke / Coke Zero / Ginger Ale)

鲜榨玉米汁(热)

Fresh Corn Juice (Hot)

(奶香/原味/胡萝卜/黑芝麻)
(Milky/Original/Carrot/
Black sesame)

14.99

(一扎/1 Pitcher)



古法酸梅汤(冷)

Sour Plum Drink (Cold)

6.99



私房蜂蜜奶茶(冷)

Honey Milk Tea (Cold)

5.99



主食

白米饭

Rice

1.99

酸菜牛肉米粉汤

Beef Rice Noodle Soup with Pickled Vegetables

18.99

牛肉海鲜炒面

Beef & Seafood Fried Noodles

18.99



免费南瓜粥 (全天) 送完为止

Free Pumpkin Porridge

(All-day)

FREE

《猛火现炒》《香辣口味》《堂食外卖》《宵夜小酌》《创新品牌》

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素食也美味
Vegetarian dishes are delicious too



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素食禅心Vegetarian

- | | |
|---|-------|
| V1 素招牌沙茶豆腐
V1 Signature Satay Tofu | 8.99 |
| V2 素茄汁金针菇
V2 Enoki Mushrooms in Tomato Sauce | 12.99 |
| V3 素酸辣土豆丝
V3 Hot and Sour Shredded Potato | 14.99 |
| V5 四季常青 (四季豆)
V5 Stir-Fried Green Beans | 14.99 |
| V6 素番茄炸蛋
V6 Tomato Fried Eggs | 14.99 |
| V7 素手撕包菜
V7 Stir-Fried Shredded Cabbage | 14.99 |
| V8 素农家四合小炒 (莴笋、鸡蛋)
V8 Country-Style Mixed Stir-fry | 19.99 |
| V9 素青黄双笋 (莴笋、冬笋)
V9 Celtuce & Winter Bamboo Shoots | 19.99 |
| V10 素清炒莴笋
V10 Stir-Fried Celtuce | 19.99 |
| V11 素砂锅花菜
V11 Clay Pot Cauliflower | 19.99 |
| V12 素茄子豆腐煲
V12 Eggplant and Tofu Clay Pot | 19.99 |
| V15 素食年糕汤
V15 Vegetarian Rice Cake Soup | 19.99 |
| V16 招牌素食糖醋鱼
V16 Signature Sweet & Sour Vegetarian Fish | 24.99 |

素食炸物Fried Snacks

- | | |
|---|-------|
| V17 香酥油条 (+炼乳)
V17 Crispy Fried Dough Sticks (+Condensed Milk) | 6.99 |
| V18 招牌飘香臭豆腐
V18 Signature Aromatic Stinky Tofu | 12.99 |
| V19 红豆芝麻球
V19 Red Bean Sesame Balls | 12.99 |
| V20 红糖糍粑
V20 Brown Sugar Glutinous Rice Cakes | 12.99 |
| V21 脆皮杏鲍菇
V21 Crispy King Oyster Mushrooms | 16.99 |
| V22 经典蛋黄焗南瓜
V22 Classic Salted Egg Yolk Pumpkin | 18.99 |

素食凉菜Cold Dishes

- | | |
|--|------|
| V23 油炸花生
V23 Fried Peanuts | 3.99 |
| V25 特色酱萝卜
V25 Signature Pickled Radish | 5.99 |
| V26 爽口凉拌木耳
V26 Wood Ear Mushroom Salad | 5.99 |
| V27 开胃酸萝卜片
V27 Sour Pickled Radish Slices | 5.99 |
| V28 酸辣海带丝
V28 Spicy & Sour Shredded Kelp | 5.99 |

生活可以繁华似锦,也可以素食禅心

主食

- | | |
|---|-------|
| 白米饭
Rice | 1.99 |
| 素汤面
Vegetarian Noodle Soup | 12.99 |
| 酸菜米粉汤
Pickled Vegetable Rice Noodle Soup | 12.99 |
| 素炒面
Vegetarian Fried Noodles | 12.99 |



免费南瓜粥 (全天) 送完为止
Free Pumpkin Porridge
(All-day)
FREE

《专用炒锅》《专用料油》《专用菜碟》《专用碗筷》

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